

# VCE, FCS Family Focus Presents Active Parenting First Five Years

Building a Strong Foundation for Children From Birth to Age 5  
A VCE Family and Consumer Sciences Program

**Wednesdays**

**April 19th through May 24th, 2023**

**10:00 am to 11:30 am**

**This 6 week research-based parenting class is  
perfect for new parents and parents with children to age five.**

**Parents will learn:**

- ◆ **Ages and stages of development**
- ◆ **Building a strong bond**
- ◆ **Your child's growing brain**
- ◆ **Effective discipline young children can understand**
- ◆ **And much more**



**Location:**

**VCE, FCS Family Focus Yorktown,  
118 Old York-Hampton Hwy  
Yorktown, Virginia**



**Childcare available for a \$15.00 donation per family for the 6 week series.  
Space is limited. \$15.00 book and class fee.  
Scholarships available upon request.**

**To register for this workshop or for more information,  
please leave a voice mail message at  
(757) 564-2173 or talk to a staff member**

**Major funding provided by the VA Dept. of Social Services Family Violence Prevention Program,  
And the Stutzman Family Foundation**

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact James City County Unit at 757/564-2170/TDD\* during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 10 days prior to the event. \*TDD Number (800) 828-1120



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.