

York/Poquoson Master Gardeners Learning Garden at the Poquoson Museum 968 Poquoson Avenue, Poquoson, VA

Adaptive Gardening

Adaptive Gardening is a term that has been used for gardening for people with physical limitations or space constraints. Our adaptive garden includes a variety of designs and layouts to give wheelchair or limited mobility gardeners the opportunity to try each out and see which ones best suit their needs. In the garden, we have incorporated several innovative vertical and A-frame planters for growing tomatoes or vining plants. The garden includes Enabling Garden Beds which demonstrate the use of various planters for persons who cannot bend down to the ground; multilevel raised beds to help persons learn the best height of a raised planter for their special needs, or benches set at different heights to help persons learn the height at which they sit most comfortably. Other gardening techniques include beds with wide sills or with built in seats for persons who need to sit while gardening.



Vertical Gardening Examples



Tabletop Planter With Shelf



A-Frame Planter



Multilevel Raised Bed Examples

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